

SUCCESS STORIES



Dr. Satguru

These clients shared a few essential ingredients:

1. They implemented with speed and precision
2. They were decisive
3. They were open and willing to look inwards

Dr. Satguru

Our results are unique because we combine

1. Modern scientific evidence and practices
2. Ancient wisdom-based stories and principles
3. Deep coaching tools and techniques learnt
from world-leading coaches

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Making the implicit explicit



Nick
Property Entrepreneur

Before the coaching programme, I had a muddled approach to business and personal life, and I had little clarity of what made me successful.

I loved how the coaching made the **implicit explicit**.

The programme was worth **1 million** in terms of profits and money saved.

I also significantly improved the relationship with my son **which you can't put a price on** - this was the most beneficial.

Dr. Satguru

Revealing blindspots led to opportunities



Caroline
Author, philanthropist and
executive coach

I was already on the journey of growth for the last 20 years but I had blindspots which were limiting my potential.

The coaching helped me to heal parts of myself which then allowed me to create higher levels of true success.

The coaching taught me self-compassion, self-gratitude and unique exercises which helped empower me.

I saved a lot of energy by making peace with myself and generated **lucrative opportunities** faster which were aligned with my larger vision.

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Hundreds of thousands in turnover

Over the last ten years, I've experienced challenges with my sense of purpose, clarity and energy.



James
Hotel owner

What I enjoyed was the flexible structure and the space to share openly. I now notice significantly increased compassion, empathy, focus, and this has allowed me to become more purposeful, intentional and productive.

This has saved me at least 1 hour per day and resulted in hundreds of thousands in increased turnover in 3 months.

Most importantly, it's benefited my 30 staff and my loved ones and will continue to do so for years to come.

Dr. Satguru

I see this as much more than coaching...

I used to experience negative relationships, struggle to understand myself and lack clarity on what success meant to me.

I now feel more compassionate with myself and I am less affected by others' emotions.

I loved the bespoke tools. I see this as much more than coaching, Nilesh is a **compassionate guide**. His medical and spiritual essence was important to me.

This experience helped me create an extra 10% in revenue in 3 months. I saved hours in overthinking and created a \$6 million business deal.



Birju

Investor and entrepreneur

Dr. Satguru

Best return on investment...

I'd reached higher on the corporate ladder than ever imagined, but still felt unfulfilled and was tired of feeling tired.

Coaching helped me gain clarity on my purpose through the power of self-compassion.

I felt consistently held in an emotionally safe space. Interactions on WhatsApp made the connection stronger, as there were regular check-ins and a place to share real-time wins.

I've grown substantially over the last 6 months and consider this to be one of my best returns on investments.



Kiran
Marketing executive

Dr. Satguru

"Back to the centre of my being"



Sanjay
Property entrepreneur

Since January 2017, I've struggled with relationships that affected my self-worth and my psychology. I was not working due to burnout prior to coaching.

Since, I've started to climb steps helping me get back to the centre of my being.

This resulted in improved confidence, energy, optimism and compassion. I've become more strategic allowing me to pinpoint issues and correct them.

We are restructuring the business due to my learnings leading to cost savings of £500k. I estimate I've created an extra 10 hours per week.

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The tools for success



Ally

Award-winning doctor and
entrepreneur

Before I began coaching, I was far too in my head. I was sure I wanted to be successful, but I didn't have the mindset tools to make this an absolute.

I was reactive and not as calm as I would have liked. I loved the nurturing and REAL relationship I fostered with Nileshe.

His communication skills and compassionate approach has been optimal for this journey of mindset growth. I believe I have brilliant tools to help me thrive and would recommend Nileshe to those who ambition to grow.

Dr. Satguru

Halving work, increasing productivity



Dan
Recruitment CEO

Before coaching, I was stuck in a 14-year cycle of chronic underachievement. I loved how the programme intertwined science. I've implemented 15 new positive daily habits and learnt to enjoy the ebbs and flows of life.

This has led me to experience increased compassion, joy, and clarity.

Putting me back in the driver seat. I've halved my working hours whilst increasing productivity and losing 10kg.

On top of everything, I have implemented a new training academy to inspire my staff.

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Tailored to beliefs



Jann
Clothing entrepreneur

I lacked true focus, clarity, and intention for over a decade; I loved this programme because it was tailored to my own personal values and beliefs.

I reduced anxiety, increased self-worth, and strengthened relationships. I have improved my productivity 5 fold!

I love and approve of who I am, and I am performing at a whole different level.

The most valuable benefit is that I am closer than ever to my daughter. You really can't put a price on this type of personal growth.

Dr. Satguru

And here are a few group
coaching stories...

Dr. Satguru

B corp, skeptical and connectedness



It's seriously improved my energy, level of fulfillment and my relationship with staff. The business has now started on the B Corp journey. I've created 6 hours per week.



I loved the program because of the connectedness in the group. Now, I feel less frustrated and judgemental. I've prioritised more connection with my loved ones. I've created an extra 5 hours per week.



I was sceptical about coaching, but now I feel twice as efficient, gained clarity of purpose, compassion and improved relationships. Most of all, I rarely experience a bad day. I've carved out an extra 8 hours per week.

Investing time, accountability and belief



Now I no longer feel I spend my time; I invest it. Through improved intention, I created an extra 10 hours per week. Above all, the coaching has helped not just me but my children also as I've been able to more present with them.



I loved the group as their accountability inspired my growth. I've improved focus, energy, clarity and sense of purpose. I formed routines and habits that have created extra 10hrs per week.



Now I have a stronger sense of self belief. The coaching helped me to create strategies and habits which provided me with the positive feedback I needed to drive me to the next level. The value I have gained from this programme far outweighs the investment put in.

What meaningful
accomplishment could be
possible for you?

"What I need is someone who can
make me do what I can"

Ralph Waldo Emerson

Dr. Satguru

I am excited to hear your
story

With love and compassion

Dr. Satguru