

12 THINKING PATTERNS



Dr. Satguru

"That got you here
but won't
get you there."

Dr. Satguru

1. Mission

You have wanted to create a more **powerful mission** that serves others your whole life, but you secretly doubt whether you can accomplish it.

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2. History of success

Your brilliance and track record means that people usually agree with you but you want someone to uncover your blindspots, to challenge you and **mess with your thinking.**

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3. Acting from motivation

You appear "successful" to those around you, but the truth is you do not feel at peace, because **motivation** was driving you, and you are tired of that now.

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4. Focus

You are incredibly focused on achieving which has led to your success but it placed so much attention on what's outside - you are now ready to look inwards.

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5. Financial security

Even though you have amassed wealth you are still emotionally moved by economic shifts out of your hands because you attach your emotional wellbeing to your bank balance.

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6. Decisiveness

You are decisive and implement with speed this is one of your strengths however as a result you struggle to **slow down**, experience silence and gain clarity of who you truly are.

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7. High-performer

You are such a high performer that people do not think you need help and you don't you will be **FINE** if you had no help but you hate fine, mediocre and average - that is not who you are.

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8. Elevate others

You are the one that is responsible for **elevating others** but you wish you had someone who could do the same for you.

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9. Loving person

You are considered a very loving person to your team and family but you do not feel abundantly loved, respected or valued enough.

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10. Connector

You have developed long-term connections but you feel isolated because you do not share what's truly meaningful for them.

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11. Caring leader

You are a caring leader and people love you but the truth is you can feel **drained** by other people's energy. This leaves you prone to mindless scrolling, impulsive eating and bedtime procrastination.

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12. Think BIG

You are thinking BIG and it is difficult to share that with people around you.

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You would like to feel
successful and fulfilled...

Success + fulfilment =
Self-mastery

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Our project is to
awakening self-mastery
within you.

This has 3 elements:

1. Meaningful accomplishment with ease
2. Continuous expansion of who you are
3. Commitment to disciplines of flourishing

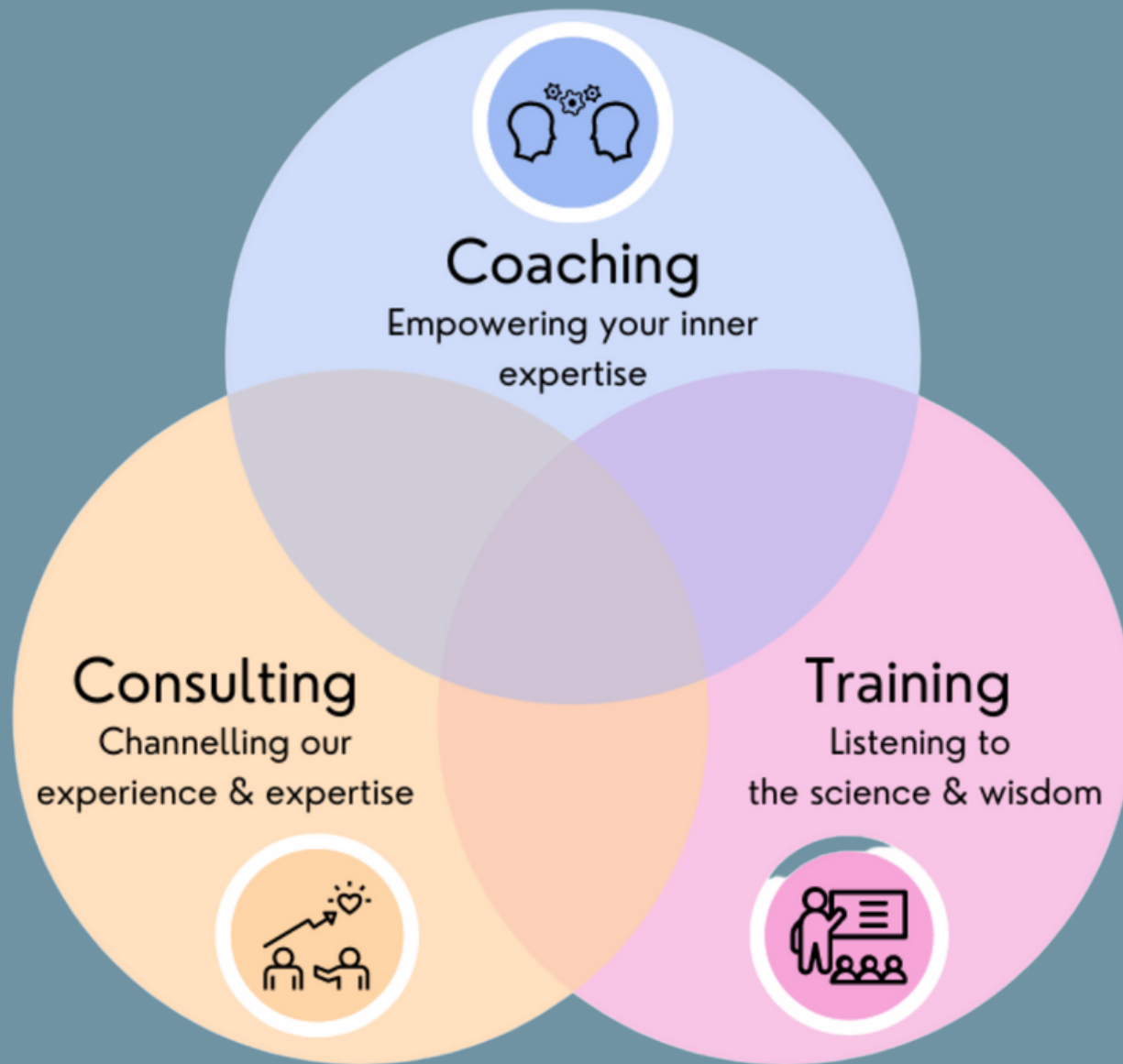
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It is unique because we combine

1. Modern scientific evidence and practices
2. Ancient wisdom-based stories and principles
3. Deep coaching tools and techniques learnt from world-leading coaches

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The Model



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Why invest in coaching?

According to our clients, it helps you...

1. Create **hours** in your week through aligned decision making
2. **Earn more** by elevating how you serve and focusing on WHO you are becoming
3. Faster **accomplishment** of meaningful projects because you are climbing the "right ladder"
4. Create **peace of mind** through the power of compassion
5. **Connect lovingly** with the ones that matter

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Coaching Statistics

1. The coaching industry is a \$2.85 billion global industry
2. The median ROI on investment is 7x, according to an ICF study
3. The Human Capital Institute reports that companies with a coaching culture have higher revenues

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Eric Schmidt - Google CEO



"Everybody needs a coach. A coach can help you see yourself as other people see you. A coach can help you see when your actions are not in line with your personal goals and vision."

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This is what these entrepreneurs are saying about the value...



"I loved this programme because it was novel and it was tailored to my personal values and beliefs. **You can't put a price on this growth.**"



"The programme was worth 1 million in terms of profits. I significantly improved the relationship with my son, which you **can't put a price on** - this was the most beneficial."



"I experienced increased compassion, focus and intention. This resulted in a £700k increase in revenue. You can't put a value on this personal growth. **Money well spent.**"

What could be possible for
you?

"What I need is someone who can
make me do what I can"

Ralph Waldo Emerson

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These are a few of the powerful transformations we have seen...

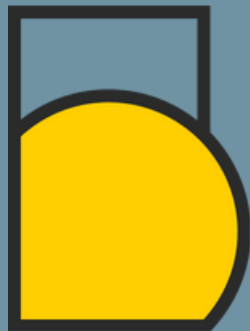
1. Entrepreneurs breaking revenue records by empowering their team with compassion
2. Leaders no longer needing **prescription medication** and taking their first holiday without e-mail in 20 years
3. Clients healing decades of **painful family conflicts** with ease because they changed who they were being

This is why we were
humbled to be recognised
by these awards...



COMPASSIONATE
LEADERS CIRCLE

CLC
AWARDS



**Positive
Leadership
Awards**



And to be featured by these magazines

10
LAWEEKLY

LEADING COACHES TO WATCH IN 2023

Entrepreneur

Powering Through: Building Resilience (And The Importance Of Self-Compassion)

There has been a lot said about the importance of safeguarding our mental health, and nothing takes centerstage in these conversations more than that the need to build a resilient mind, attitude, and outlook.

By [Mark Saphron](#)

May 4, 2022



Dr. Niles

Only works with
4x 1-1 clients at a time
to ensure transformational results for
each client

Dr. Satguru

**This ensures we offer a rare
bespoke experiences**

However, there is a "menu" of
choices to give you a flavour of how
we serve...

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What can you experience on
the "menu"?

There are three options...

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What you can experience on the "menu"

A) 90 Days Of Self-Mastery

1. 3 months of 1-1 structured executive coaching
2. Evidence-based resources
3. Accountability via whatsapp support

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What you can experience on the "menu"

B) Compassion Mastery Experience

1. 6 months of deep transformational mission-led coaching with bespoke 1-day intensives aligned to your dream
2. Continual accountability via whatsapp support
3. Powerful online training platform with rewiring tools and resources

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What you can experience on the "menu"

C) Group Compassion Mastery Experience

1. 6 months of live in-person coaching
2. Supportive and inspiring community accessible via an app
3. Unique training platform tailored to your needs

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What are the next steps?

Connect with us by booking a
short connection call...

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I am excited to hear your
story

With love and compassion

Dr. Satguru